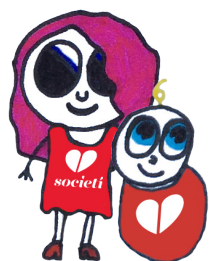




We **NEED** you to **KNOW** Kawasaki Disease



PLEDGE TO TAKE ON AN ACTIVITY AROUND THE THEME '26'...



societi's **26 CHALLENGE**



...FOR INTERNATIONAL KAWASAKI DISEASE AWARENESS DAY - 26 JANUARY

- Raise awareness of Kawasaki Disease throughout January to mark International Kawasaki Disease Awareness Day - **26** January 2025 - by entering Societi's **26 CHALLENGE**!
- Fill out our [online form here](#) and follow the link to pay for your entry.
- Choose any activity inspired by the number **26**, have fun and complete your challenge! The ideas below might inspire you!
- Entry is £10 and includes an awareness raising bundle and special edition **Societi pin badge**!

Share **26** facts about **Kawasaki Disease** on social media

Run or walk a mile a day for **26** days

Walk **26,000** steps in one day

Raise awareness of **Kawasaki Disease** with **26** people

Complete **26** squats every day for **26** days

Host a bake sale with **26** treats

Give something up for **26** days

Host a party for **26** guests

Read **26** books with your child

Host a virtual bingo night with **26** rounds

Complete **26** yoga poses

Organise a **26** player tug-of-war contest

Sell **26** handmade crafts

Sing **26** songs during a karaoke fundraiser

Run **26** minutes every day

Knit or crochet **26** squares for a charity blanket

Perform **26** acts of kindness

Organise a **26** question quiz night

Organise a **26** mile relay race

Do **26** push-ups daily for a month

Write and share a **26** line poem

Play **26** rounds of a board game marathon

Swim **26** laps at your local pool

Cycle **26** km

Challenge friends to **26** minutes of silence for donations

Host a **26** minute workout class



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