

Societi Virtual 10km

- Looking for a 10km this autumn?
- Why not pick one which helps raise awareness of #1 cause of acquired heart disease in children?
- **Join us - help prevent heart damage in UK children!**

Where: Any 10km route you choose!

When? On any day from 29 September to 27 October (inc)

How much? Suggested donation of £17.50

More info? www.societi.org.uk - click the link on the homepage

Perhaps your running club is already holding a 10km event?
...why not register for the Virtual 10km & double up!



Kawasaki Disease is the leading cause of acquired heart disease in children in the UK. It's time we changed that...

...Together we will

Kawasaki Disease is predominantly a childhood illness though it can affect people of any age. Its cause is unknown. **Kawasaki Disease** is the leading cause of acquired heart disease in children. Children who go untreated or who are treated later face higher risks of developing complications including life long heart damage.

Early diagnosis and treatment are key to better outcomes

...for our children

These are the **symptoms of Kawasaki Disease**. If a child has a **persistent high fever** for 5 days or more, with TWO or more of the symptoms below, please **THINK Kawasaki Disease**. Kawasaki Disease can be present with some or all of these symptoms.



Persistent fever



Cracked lips/'strawberry' tongue



Rash



Swollen fingers/toes



Bloodshot eyes



Swollen glands